

# HYGIENE KITS

Organizing a drive for Hygiene Kits is one of the easiest ways you can help our teams and people experiencing homelessness. By providing these very necessary resources, you become part of the solution!



## ORGANIZING YOUR STEP UP HYGIENE KIT:

1. Take a look at the checklist on page 2 to plan and organize your kits.
2. Donate full size items, not travel size items.
3. Donate new hygiene items only.
4. Gently used clothing, blankets and backpacks accepted.

*Hygiene Kits being delivered to Step Up on Second and Sample Kit inventory.*



## CONTACT

Coordinate your donation with Maria Campbell:  
[mcampbell@stepup.org](mailto:mcampbell@stepup.org)



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# HYGIENE KITS CHECKLIST

Please organize and deliver your kit according to the sections below.  
Contact Maria Campbell with questions: [mcampbell@stepup.org](mailto:mcampbell@stepup.org)

## BASIC HYGIENE KIT

Deliver in a 1 or 2 gallon Ziploc bag. Estimated cost: \$7

- 1 shampoo
- 1 toothbrush
- 1 toothpaste
- 1-2 bars of soap
- 1 large Ziploc bag
- \*Feminine Hygiene pads separately
- 1-2 packs of tissues
- 1 hand sanitizer
- 1 shaving cream
- 1 razor
- 1 pack wet wipes
- 1 hair brush or comb

## OUTREACH KIT

Deliver each in a drawstring backpack including items from the basic kit. Estimated cost: \$15

- 1 shampoo
- 1 toothbrush
- 1 toothpaste
- 1-2 bars of soap
- 1-2 packs of tissues
- 1 shaving cream
- 1 razor
- 1 hand sanitizer or wet wipes
- 1 pair of black socks
- 1 hand towel or washcloth
- 1 tube of hand lotion
- 1 skull cap/beanie
- 1 pair of gloves
- 1 drawstring backpack

## ADDITIONAL ITEMS TO CONSIDER

These are items that outreach teams can add to kits as needed.

- Small water bottles
- Sunblock
- Chewy Granola Bars
- Underwear
- Rain poncho
- Emergency blanket
- Trail mix
- Protein bars
- Water
- Juice boxes