



IMPACT!

How your investment is changing the future for individuals experiencing mental health conditions through permanent supportive housing, vocational training & placement, and a sense of belonging.

...leading the way to life in recovery!



October 2018



A Step Up Success Story: Leon R.

Recovering alcoholic Leon R. had experienced homelessness for more than 20 years when he was approached in 2012 by Step Up's Outreach team in Griffith Park. For years, he endured cold nights and encounters with snakes and coyotes while sleeping in the hills of the park. Motivated by his friend's death from alcohol abuse, Leon readily accepted the help from Step Up's team, including a 20-day detox program, followed by a 90-day residential substance abuse program. After treatment, he moved into Step Up on Vine. Leon has been clean and sober for more than six years. He is thriving in his recovery. In 2018, Leon accepted a position at Step Up on Vine as a janitor and garden caretaker. He credits Step Up for believing in him and giving him another chance at life. Leon says, "Step Up gave me my life back and I am here today because of them. My hope in humanity was restored."



Garden caretaker Leon R. checks rooftop garden.

PERMANENT SUPPORTIVE HOUSING

The #1 requested supportive service...



Step Up partners with Wendover Housing Partners to build Warley Park

On September 6, 2018 the City of Sanford approved Warley Park, an 85-unit affordable housing community in Sanford, FL for families, individuals, and veterans experiencing homelessness. Construction begins in December. As a nationwide leader in permanent supportive housing, Step Up was chosen to partner with Wendover.

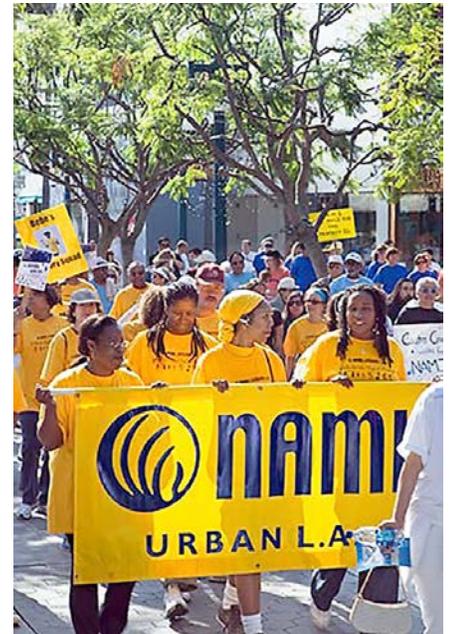
"Permanent supportive housing is a new concept in Florida," said Jonathan L. Wolf, President of Wendover Housing Partners. "This will not be a homeless shelter. This will be a multifamily housing community with on-site services designed to break the cycle of homelessness for residents by allowing them to lead more stable lives through the Housing First model." Step Up will provide on-site property management and coordinate the on-site support services, including health-care, vocational training, GED classes and life-skill classes.

A SPECIAL EVENT

Participate and Connect...

The National Alliance on Mental Illness (NAMI) has designated October 4-10 as Mental Health Awareness Week. Participate in one of NAMI's awareness events, taking place in 85 locations across the country in the Fall.

NAMI L.A. will have their annual 5K walk on October 6, 2018 at Grand Park in downtown Los Angeles. Step Up Board Member Nancy Carter (NAMI Urban co-founder) is putting together a team called the Step Up Steppers to help raise awareness and bust the stigma of mental health conditions. Get fit and help individuals and families in Southern California.



NAMI participants walking the walk

For more info: www.namiurbanla.org

A SENSE OF BELONGING

Mutuality, safety, and respect...



Phil Glosserman teaching a writing class

Phil Glosserman, former Step Up Board Member and volunteer writing instructor says, "I'm a **monthly sustaining donor** because I believe in Step Up's mission and want to see it expand its reach to serve more people who desperately need housing, services, and compassion. I originally got involved with Step Up because I wanted to do something positive in the field of mental health to honor my brother Luke, who struggled with debilitating mental illness. I've been involved with Step Up for the last ten years and run a biweekly writing group for members."

"I'm invested in Step Up because I've seen what they do for the population they serve, providing members with a place to go, get help, housing, meals, and a sense of belonging - things that many of us take for granted. Step Up has been a lifeline for them."



Join **Phil Glosserman as a Monthly Sustaining Donor & Receive an Exclusive Step Up Bag!**

Your consistent support in 2018 will ensure housing, vocational training & placement, and supportive services for the most vulnerable in our community.

Sign-up today at
www.stepuponsecond.org