

# Your IMPACT!

How your investment is key to changing the future for individuals experiencing mental health issues through supportive housing, vocational training & placement, and a sense of belonging.



October 2017

...leading the way to life in recovery!

## PERMANENT SUPPORTIVE HOUSING

The #1 requested supportive service...



Sunjai is the first of 15 transitional age youth in Hollywood to benefit from an anonymous donor and now has the keys to her own home.

An anonymous donor recently directed a threeyear, \$750,000 grant to Step Up through The California Community Foundation. This investment will provide the key support for 15 transitional age youth (TAY) in Hollywood, who are experiencing homelessness and mental health issues, for permanent housing and educational and vocational opportunities.

In August, 21 year-old Sunjai became the first beneficiary when she moved into her new home at Step Up on Vine. She experienced homelessness for three years and each day she survived on her own, she became more determined to find her own place. She never gave up. "I'm extremely grateful," says Sunjai. "I'm finally in my own apartment. I guess hard work really does pay off. I am very grateful and thankful for my place and for Step Up."

#### **VOCATIONAL TRAINING & PLACEMENT**

The #2 requested supportive service ...

Another key to ending homelessness is gaining dignity through employment. Step Up was awarded a new three-year \$600,000 contract for Vocational Employment Services for youth, ages 18-25, with the Los Angeles County Department of Mental Health for a pilot employment program for Service Area 5. SEIPS (Supported Employment: Individual Placement and Support) utilizes an evidence-based practice model, developed at Dartmouth University.

Step Up's SEIPS team will be structured to assist clients to reach their employment goals through a range of services designed to overcome barriers, sustain competitive employment, and if desired, seek out further education and training. Employment Specialists will work closely with the managers of Step Up's Vocational program and provide job coaching, work with service coordinators inside and outside of Step Up and will and attend client reviews.

### NEW! TEXT PSH TO 51555 for updates!

#### Santa Monica:

Step Up (310) 394-6889 Daniel's Place (310) 392-5855 Transitional Aged Youth (18-28 years)

### Hollywood/West Hollywood:

General Information (323) 380-7590 x1330 VASH (323) 499-2650

#### Beverly Hills:

Street Outreach Team (310) 901-3020

San Bernardino/Riverside:

Field Services (909) 963-5355

#### SENSE OF BELONGING

Mutuality, safety, and respect...



Fay in 2010 (left) and Fay today (right) in 2017.

UNLOCKED MEMBER UPDATE: Fay, who lived on the streets of Santa Monica for more than 15 years, was known as "the Duct Tape Lady" because of her duct tape house on wheels. After several years of outreach and engagement with Step Up and other community partners, Fay finally moved into her her own apartment in 2010. Her recovery would depend upon her willingness to engage in treatment for her mental and physical health issues and learning how to function independently.

Fay has experienced challenges along the way, though today, 72 year-old Fay is doing extremely well. She lives in the same apartment she moved into in 2010. Fay's success demonstrates that with the right support, structure and consistency, recovery is possible. "I saw Fay the other day and she asked me how her hair looked," CEO Tod Lipka shared. "At first, I didn't recognize this was Fay. 'You look beautiful,' I told her. And she did. She really did."