

# IMPACT!

How your investment is changing the future for individuals experiencing mental health issues through supportive housing, vocational training & placement, and a sense of belonging.



September 2016

...leading the way to life in recovery!

### PERMANENT SUPPORTIVE HOUSING

The #1 requested supportive service...



Kimberlee Albers, Director of Housing First Programs

With the expansion into San Bernardino County, the Inland Empire team will be lead by Step Up's new Director of Housing First Programs, Kimberlee Albers (left).

Albers most recently was founder and executive director of Flood Ministries in Bakersfield providing

street outreach and supportive housing services for individuals at risk of homelessness and those experiencing homelessness. Additionally, Albers was honored as Woman of the Year for California Senate District 16.

Funding for Step Up's new Housing First Programs are provided by San Bernardino County's Continuum of Care through the Department of Housing & Urban Development, and in conjunction with San Bernardino Department of Behavioral Health.

To fulfill her new role with Step Up, Albers has recently relocated to San Bernardino County, and is actively recruiting her San Bernardino team to provide street outreach and engagement, permanent housing, and supportive services for up to 112 individuals experiencing homelessness and mental health issues in San Bernardino County beginning October 1, 2016.

Welcome Kimberlee!

# **VOCATIONAL TRAINING & PLACEMENT**

Productivity and social connectedness...

The Santa Monica Wednesday Farmers Market was the first farmers market gleaned by Food Forward in 2012 and Step Up has been a partner agency from the start. Food Forward recovers fresh local produce that would otherwise go to waste, connecting this abundance with people in need, while inspiring others to do the same. Step Up receives about 18 boxes of a variety of fresh fruits and vegetables such as kale, spinach, beets, eggplant, plums, and assorted melons each week. These fruits and veggies are used in meals and snacks for Step Up's members and residents.



The rich array of different fruits and vegetables from Food Forward gives Step Up's Vocational participants the opportunity to identify a variety of different type of lettuces and squashes, prepare new recipes, and expand their culinary knowledge. Thank you Food Forward for this vital community partnership!

## <u>A SENSE OF BELONGING</u> Mutuality, safety, respect...



Step Up member Thomas M.

Reasons for hope: "As Edna, the baby, and I are preparing for our move to Arizona to start our new lives I wanted to take a moment to thank Step Up for playing a huge role in my recovery from addiction and my mental health challenges which have prevented me for decades from being a self-supporting and

productive member of society...

Since being housed and treated by Step Up in 2011, I have been able to start to build a new life. I went to school and was able to obtain my commercial drivers license and for the first time in 15 years I am looking for work again... I am learning how to be comfortable in my own skin and not feel shame wherever I walk... My own road to independence has been a success and I could never have done it without the help of Step Up on Second. Thank you through all eternity for giving this guy the chance to find his own way in life. You are a life saving organization and I will always be grateful."

#### **RECOVERY IS POSSIBLE!**

Santa Monica:

Step Up (310) 394-6889 Daniel's Place (310) 392-5855

Transitional Aged Youth (18-28 years)

Hollywood:

**General Information** 

(323) 380-7590 x1330

**Beverly Hills:** 

Street Outreach Team

(310) 901-3020